

# Open EC/NC Duathlon / PowermanHolland Horst aan de Maas 21-04-2013

## Result Open EC Sprint Duathlon Age Groups Overall

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	Ch1	Bike	AftBk	Ch2	Run2	Total	DQ
1	519	Tim Van Hemel	Mol	Bel	H20	H20	00:14:32	00:00:43	00:29:52	00:45:06	00:00:41	00:08:50	00:54:36	
2	522	Sam Valgaeren	Westerlo	Bel	H20	H20	00:14:31	00:00:46	00:31:19	00:46:35	00:00:38	00:08:24	00:55:37	
3	1051	Juul van der Kruis		Ned	H20	H20	00:14:46	00:00:44	00:31:09	00:46:39	00:00:40	00:08:41	00:55:59	
4	509	Vincent Van de Walle	Roeselare	Bel	H20	H20	00:15:15	00:00:50	00:30:35	00:46:39	00:00:38	00:08:53	00:56:09	
5	559	Daniel Mannweiler	Bonn	Dui	H24	H30	00:15:06	00:00:46	00:31:18	00:47:09	00:00:40	00:08:38	00:56:26	
6	602	Alan Murchison	Winchester	Gro	H40	H40	00:14:47	00:00:50	00:31:31	00:47:07	00:00:41	00:08:41	00:56:29	
7	506	Erik van der Heijden	Waspik	Ned	H20	H20	00:15:05	00:00:44	00:31:17	00:47:05	00:00:41	00:09:06	00:56:51	
8	533	Alexander Picard	Chaam	Ned	H24	H25	00:15:38	00:00:44	00:30:34	00:46:55	00:00:31	00:09:29	00:56:54	
9	592	Coen de Wit	Arnhem	Ned	H40	H40	00:15:10	00:00:45	00:31:07	00:47:02	00:00:28	00:09:30	00:56:59	
10	540	Christopher Bernard	Clemency	Lux	H24	H25	00:15:22	00:00:44	00:31:48	00:47:54	00:00:34	00:08:51	00:57:18	
11	651	John Aalbers	Nijmegen	Ned	H45	H45	00:15:21	00:00:49	00:31:42	00:47:51	00:00:40	00:08:51	00:57:21	
12	514	Ben Cockburn	Orpington	Gro	H20	H20	00:15:04	00:00:58	00:32:15	00:48:16	00:00:39	00:08:30	00:57:24	
13	560	Lienhard Hersel	Rodenbach	Dui	H24	H30	00:15:55	00:00:48	00:31:15	00:47:56	00:00:42	00:08:48	00:57:25	
14	586	Maiko Mattiussi	Basiliano Udine	Ita	H24	H35	00:15:05	00:00:48	00:32:06	00:47:58	00:00:40	00:08:52	00:57:29	
15	537	Willem Dierckx	Herselt	Bel	H24	H25	00:16:05	00:00:50	00:30:54	00:47:48	00:00:47	00:09:01	00:57:35	
16	511	Thomas Derboven	Langdorp	Bel	H20	H20	00:15:35	00:00:47	00:31:37	00:47:59	00:00:37	00:09:06	00:57:41	
17	508	Joep Staps	Tilburg	Ned	H20	H20	00:15:42	00:00:47	00:31:28	00:47:57	00:00:42	00:09:04	00:57:42	
18	515	Luke Pollard	Telford	Gro	H20	H20	00:15:27	00:00:51	00:31:41	00:47:58	00:00:40	00:09:10	00:57:47	
19	616	Roland Besselink	Ugchelen	Ned	H40	H40	00:16:18	00:00:48	00:30:39	00:47:43	00:00:38	00:09:32	00:57:52	
20	566	Peter Hawkins	Kingsbridge	Gro	H24	H30	00:15:25	00:00:53	00:32:05	00:48:22	00:00:39	00:09:10	00:58:10	
21	510	Bigot Benoit	Besancon	Fra	H20	H20	00:16:03	00:00:47	00:31:30	00:48:19	00:00:40	00:09:18	00:58:16	
22	518	Willem Stuyck	Mol	Bel	H20	H20	00:16:12	00:00:48	00:31:31	00:48:30	00:00:40	00:09:10	00:58:19	
23	548	Craig Palmer	Amphthill	Gro	H24	H25	00:15:05	00:01:06	00:32:45	00:48:55	00:00:48	00:08:42	00:58:24	
24	558	Thomas Winkelmann	Niendorf	Dui	H24	H30	00:16:11	00:00:52	00:31:27	00:48:29	00:00:47	00:09:09	00:58:25	
25	544	Lee Cook	Lowestoft	Gro	H24	H25	00:16:14	00:00:55	00:31:24	00:48:32	00:00:39	00:09:24	00:58:35	
26	1431	Gareth Smith	Bodmin	Gro	H16	H16	00:15:26	00:00:57	00:32:19	00:48:41	00:00:41	00:09:16	00:58:37	
27	618	Scott Wilson	Sheffield	Gro	H40	H40	00:15:26	00:01:12	00:31:46	00:48:23	00:01:03	00:09:18	00:58:43	
28	564	Peter Ellis	Wolverhampton	Gro	H24	H30	00:15:30	00:00:54	00:32:36	00:49:00	00:00:45	00:09:07	00:58:50	
29	590	Octavio Perez	Xativa	Spa	H24	H35	00:15:25	00:00:47	00:32:27	00:48:38	00:00:56	00:09:26	00:58:59	
30	512	Daniel Bigham	Brackley	Gro	H20	H20	00:16:38	00:00:48	00:30:52	00:48:17	00:00:41	00:10:03	00:59:01	
31	637	Marcel Montag	Bad Klosterlausnitz	Dui	H45	H45	00:16:10	00:01:02	00:32:03	00:49:15	00:00:45	00:09:04	00:59:03	
32	536	Nick Van Hemel	Wilsele	Bel	H24	H25	00:16:14	00:00:48	00:31:20	00:48:21	00:00:42	00:10:21	00:59:23	
33	641	Craig Dyce	Saffron Walden	Gro	H45	H45	00:16:08	00:00:52	00:32:27	00:49:26	00:00:39	00:09:25	00:59:30	
34	596	Mark Flannery	Richmond	Gro	H40	H40	00:16:41	00:01:01	00:31:48	00:49:29	00:00:47	00:09:37	00:59:52	
35	568	Paul Hart	Wickford	Gro	H24	H30	00:16:51	00:00:55	00:31:33	00:49:18	00:00:53	00:09:43	00:59:53	
36	670	Richard Parker	Hexham	Gro	H50	H50	00:15:58	00:00:49	00:33:24	00:50:10	00:00:36	00:09:09	00:59:55	
37	534	Kolia	Beekun	Dui	H24	H25	00:16:33	00:00:48	00:32:18	00:49:38	00:00:44	00:09:43	01:00:05	

37	534	Milobinski	Bochum	Dui	H24	H25	00:16:32	00:00:48	00:32:19	00:49:38	00:00:44	00:09:43	01:00:05
38	595	Abbi Westphal	Essen	Dui	H40	H40	00:16:16	00:00:55	00:33:00	00:50:10	00:00:45	00:09:15	01:00:09
39	538	Maximilian Paech	Germering	Dui	H24	H25	00:16:15	00:00:54	00:33:05	00:50:13	00:00:40	00:09:22	01:00:13
40	717	Clive Faine	Milton Keynes	Gro	H65	H65	00:17:03	00:00:45	00:32:15	00:50:02	00:00:37	00:09:45	01:00:23
41	682	Ralf Laermann	Erkelenz	Dui	H55	H55	00:16:52	00:00:57	00:32:27	00:50:15	00:00:52	00:09:22	01:00:28
42	663	Peter Altner	Halle	Dui	H50	H50	00:16:50	00:01:01	00:32:24	00:50:14	00:00:52	00:09:29	01:00:34
43	631	Marco Hoogenraad	Rijswijk Zh	Ned	H45	H45	00:17:17	00:01:01	00:31:49	00:50:06	00:00:42	00:09:49	01:00:35
44	749	Bas van Beek	Epe	Ned	H24	H35	00:16:52	00:00:48	00:32:33	00:50:11	00:00:44	00:09:50	01:00:44
45	475	Matthew O'Connor	Wakefield	Gro	H16	H16	00:15:26	00:01:02	00:34:33	00:51:00	00:00:45	00:09:02	01:00:46
46	636	Jaffre Pierrick	Betton	Fra	H45	H45	00:16:52	00:00:44	00:33:13	00:50:48	00:00:28	00:09:37	01:00:52
47	546	David Collins	Wirral	Gro	H24	H25	00:16:51	00:01:07	00:32:19	00:50:15	00:00:48	00:09:56	01:00:58
48	611	David Jackson	Bolton	Gro	H40	H40	00:16:30	00:01:08	00:33:16	00:50:54	00:00:39	00:09:30	01:01:01
49	679	Heinrich Wilmink	Nordhorn	Dui	H55	H55	00:16:56	00:00:49	00:32:29	00:50:14	00:00:47	00:10:03	01:01:03
50	529	India Lee	Little Somborne	Gro	D24	D25	00:16:34	00:00:54	00:33:36	00:51:02	00:00:39	00:09:26	01:01:07
51	578	Mark McCann	Co Westmeath	Ier	H24	H35	00:16:28	00:00:56	00:33:32	00:50:55	00:01:09	00:09:09	01:01:12
52	562	Adrian Ball	Norwich	Gro	H24	H30	00:16:35	00:00:59	00:33:09	00:50:42	00:00:46	00:09:48	01:01:15
53	579	David Knight	Uxbridge	Gro	H24	H35	00:16:52	00:00:56	00:32:54	00:50:40	00:00:46	00:09:53	01:01:19
54	545	Jay Lingwood	Lowestoft	Gro	H24	H25	00:17:05	00:01:09	00:32:51	00:51:04	00:00:50	00:09:29	01:01:22
55	539	Benedikt Paech	Germering	Dui	H24	H25	00:17:11	00:00:57	00:32:40	00:50:47	00:00:45	00:09:53	01:01:24
56	580	Stefan van Neerven	Heerlen	Ned	H24	H35	00:17:52	00:01:03	00:31:23	00:50:16	00:00:48	00:10:29	01:01:32
57	645	Gavin Francis	London	Gro	H45	H45	00:17:49	00:00:51	00:31:22	00:50:01	00:00:48	00:10:50	01:01:38
58	542	Simon Manning	South Croydon	Gro	H24	H25	00:16:31	00:00:59	00:33:30	00:50:59	00:00:47	00:09:54	01:01:39
59	660	Hermann-Josef Limburg	Heinsberg	Dui	H50	H50	00:17:37	00:00:53	00:32:23	00:50:52	00:00:49	00:10:06	01:01:46
60	557	Michael Fischer	Rostock	Dui	H24	H30	00:16:39	00:01:03	00:33:18	00:50:59	00:00:41	00:10:13	01:01:52
61	599	Stefan Gremmens	Callenelle	Bel	H40	H40	00:17:24	00:01:14	00:32:22	00:50:59	00:01:00	00:09:54	01:01:53
62	614	Mark Hanby	Corsham	Gro	H40	H40	00:17:33	00:00:51	00:32:39	00:51:01	00:00:40	00:10:14	01:01:54
63	565	Jon Overman	Desborough	Gro	H24	H30	00:17:07	00:01:00	00:33:05	00:51:11	00:00:54	00:09:50	01:01:55
64	609	Paul Hancock	Churton, Chester	Gro	H40	H40	00:16:58	00:01:06	00:33:04	00:51:07	00:00:55	00:09:55	01:01:56
65	598	Jochen Gutbrod	Jettenburg	Dui	H40	H40	00:17:02	00:01:07	00:33:05	00:51:13	00:00:55	00:09:50	01:01:57
66	706	Barry Jameson	Hexham	Gro	H60	H60	00:17:37	00:00:44	00:32:42	00:51:03	00:00:41	00:10:17	01:02:00
67	608	Leslie Thomas	St Neots	Gro	H40	H40	00:16:58	00:01:08	00:33:59	00:52:04	00:00:42	00:09:28	01:02:13
68	561	Ciaran Doheny	Tipperary	Ier	H24	H30	00:17:05	00:01:00	00:33:19	00:51:23	00:00:49	00:10:02	01:02:14
69	664	Greg Lewis	Haddenham	Gro	H50	H50	00:18:05	00:00:56	00:31:51	00:50:52	00:00:59	00:10:30	01:02:19
70	607	Stuart McLeod	Gillingham	Gro	H40	H40	00:17:39	00:00:52	00:33:17	00:51:47	00:00:38	00:10:00	01:02:24
71	549	Gareth Hughes	Rotherham	Gro	H24	H25	00:17:04	00:00:55	00:33:40	00:51:38	00:00:44	00:10:12	01:02:32
72	525	Tom Valente	Tenterden	Gro	H24	H20	00:16:59	00:00:51	00:33:34	00:51:23	00:00:44	00:10:27	01:02:33
73	532	Maria Hivner	Augsburg	Dui	D24	D25	00:17:23	00:00:52	00:33:31	00:51:45	00:00:40	00:10:16	01:02:40
74	752	Daniel White - open	London	Gro	H50	HO	00:17:29	00:00:50	00:33:54	00:52:13	00:00:38	00:10:03	01:02:52
75	582	Alexander Sobolewski	Kidderminster	Gro	H24	H35	00:17:02	00:00:58	00:34:14	00:52:13	00:00:48	00:09:58	01:02:59
76	615	Shane Wolstencroft	Manchester	Gro	H40	H40	00:17:24	00:00:51	00:34:13	00:52:28	00:00:45	00:09:52	01:03:03
77	634	Roy	London	Gro	H55	H55	00:16:52	00:00:57	00:32:27	00:50:15	00:00:52	00:09:22	01:00:28



120	499	Marine Chalaye	St Cyr sous Dourdan	Fra	D20	D20	00:18:46	00:00:57	00:34:54	00:54:36	00:00:40	00:10:56	01:06:11
121	685	William Reed	Winchester	Gro	H55	H55	00:18:50	00:00:56	00:34:59	00:54:43	00:00:51	00:10:39	01:06:12
122	748	Fran Bungay	Wareham	Gro	D24	D35	00:18:20	00:01:02	00:35:14	00:54:35	00:00:46	00:10:53	01:06:13
123	597	Marco Jansen	Heesch	Ned	H40	H40	00:19:16	00:00:56	00:34:09	00:54:20	00:01:04	00:10:51	01:06:15
124	612	Craig Comery	Derby	Gro	H40	H40	00:18:38	00:00:59	00:34:55	00:54:31	00:00:49	00:11:02	01:06:20
125	668	Kevin Gover	Trowbridge	Gro	H50	H50	00:19:09	00:01:01	00:34:10	00:54:19	00:00:59	00:11:04	01:06:21
126	695	Ron Hendriks	Wijchen	Ned	H55	H55	00:20:03	00:01:00	00:33:13	00:54:15	00:00:50	00:11:20	01:06:25
127	696	Nicholas John Dinsdale	Clitheroe	Gro	H55	H55	00:18:49	00:01:05	00:34:24	00:54:18	00:01:05	00:11:15	01:06:36
128	556	Michiel Broeksma	Zwolle	Ned	H24	H30	00:18:18	00:01:00	00:34:19	00:53:36	00:00:53	00:12:14	01:06:42
129	621	Anke Lakies	Bad Oldesloe	Dui	D45	D45	00:18:57	00:01:01	00:35:15	00:55:12	00:00:48	00:10:45	01:06:43
130	495	Cindy van der Avoort	Nijmegen	Ned	D20	D20	00:18:36	00:00:47	00:35:48	00:55:11	00:00:45	00:10:55	01:06:49
131	584	Chris Aitken	Wokingham	Gro	H24	H35	00:18:26	00:01:31	00:35:21	00:55:16	00:00:48	00:10:49	01:06:53
132	650	Paul Wain	Macclesfield	Gro	H45	H45	00:17:55	00:00:58	00:35:46	00:54:39	00:00:57	00:11:21	01:06:56
133	569	Craig Lane	Brough	Gro	H24	H30	00:18:09	00:01:02	00:36:22	00:55:32	00:00:45	00:10:40	01:06:56
134	572	Christine Bertram	Eastbourne	Gro	D24	D35	00:18:42	00:00:53	00:36:09	00:55:43	00:00:44	00:10:47	01:07:13
135	604	Christian Roth	Sasbach	Dui	H40	H40	00:18:35	00:01:13	00:35:13	00:55:00	00:01:16	00:11:05	01:07:20
136	577	Mark McManus	Larne	Ier	H24	H35	00:17:53	00:01:00	00:36:47	00:55:39	00:00:52	00:10:57	01:07:26
137	661	Mark Waaijbergen	Brummen	Ned	H50	H50	00:18:13	00:01:13	00:36:04	00:55:28	00:00:56	00:11:14	01:07:37
138	647	Andrew Bowler	Gerrards Cross	Gro	H45	H45	00:19:01	00:01:13	00:36:05	00:56:18	00:01:01	00:10:27	01:07:45
139	530	Samantha Anderson	Stourport On Severn	Gro	D24	D25	00:18:43	00:01:11	00:36:20	00:56:13	00:00:48	00:10:50	01:07:50
140	676	Steve Grout	Epsom	Gro	H50	H50	00:19:08	00:01:09	00:36:01	00:56:17	00:01:01	00:10:40	01:07:57
141	644	Simon Powell	Horley	Gro	H45	H45	00:20:25	00:01:07	00:33:55	00:55:26	00:01:00	00:11:33	01:07:57
142	710	James Chisholm	Barnsley	Gro	H60	H60	00:19:11	00:01:03	00:36:05	00:56:18	00:00:47	00:10:56	01:08:01
143	666	Matt Rylatt	York	Gro	H50	H50	00:19:19	00:00:55	00:34:56	00:55:08	00:01:06	00:11:49	01:08:03
144	656	Haike Nillesen	Eelde	Ned	D50	D50	00:19:19	00:00:55	00:36:01	00:56:15	00:00:51	00:11:01	01:08:06
145	619	Lee Harkness	Helmshore	Gro	H40	H40	00:19:18	00:01:11	00:35:51	00:56:19	00:00:48	00:11:04	01:08:10
146	753	Adam Pyzio -open	Erkelenz	Dui	H55	HO	00:19:14	00:01:10	00:36:10	00:56:33	00:00:49	00:10:55	01:08:16
147	517	Matt Mills	Sheffield	Gro	H20	H20	00:18:19	00:01:19	00:36:43	00:56:20	00:01:06	00:11:05	01:08:30
148	692	Carlo Croce	Milano	Ita	H55	H55	00:19:22	00:00:54	00:35:59	00:56:13	00:00:53	00:11:31	01:08:37
149	527	Suzanne Robinson	Haddenham, Bucks	Gro	D24	D25	00:20:53	00:01:05	00:34:14	00:56:11	00:00:53	00:11:35	01:08:38
150	478	Jake Pillans	Petersfield	Gro	H16	H16	00:17:47	00:00:47	00:37:36	00:56:09	00:00:31	00:12:00	01:08:39
151	552	Charlotte Harris	Oxford	Gro	D24	D30	00:18:07	00:01:07	00:38:13	00:57:26	00:00:48	00:10:29	01:08:42
152	737	Polly Rogers-Dixon	London	Ier	D45	D45	00:18:54	00:00:58	00:36:57	00:56:48	00:01:02	00:11:00	01:08:49
153	573	Jennifer Spillane	NR buxton	Gro	D24	D35	00:18:29	00:01:08	00:37:26	00:57:02	00:00:55	00:11:02	01:08:57
154	701	Tom Berkouwer	Vlaardingen	Ned	H60	H60	00:19:57	00:01:07	00:35:33	00:56:36	00:01:07	00:11:19	01:09:01
155	634	Nils Peter	Bad Oldesloe	Dui	H45	H45	00:19:29	00:00:58	00:36:04	00:56:29	00:00:48	00:11:52	01:09:08
156	688	Tim Randell	Rugby	Gro	H55	H55	00:19:00	00:01:13	00:36:28	00:56:39	00:00:59	00:11:33	01:09:11
157	570	Graeme Wrightson	Hull	Gro	H24	H30	00:19:06	00:01:20	00:36:44	00:57:09	00:00:56	00:11:10	01:09:14
158	632	Michael Duke	Eastbourne	Gro	H45	H45	00:18:48	00:01:19	00:36:39	00:56:45	00:01:18	00:11:18	01:09:20
159	551	Erica Martin	Haywards Heath	Gro	D24	D30	00:18:47	00:01:09	00:38:23	00:58:18	00:01:02	00:10:19	01:09:39
160	652	Patrick Kegels	Mechelen	Bel	H45	H45	00:19:52	00:01:18	00:34:57	00:56:05	00:01:32	00:12:05	01:09:41

161	754	Karl-Heinz Tiefengraber	Mürzsteg	Oos	H70	H70	00:21:02	00:01:22	00:35:04	00:57:28	00:00:50	00:11:26	01:09:43
162	643	Patrick O'Connor	Wakefield	Gro	H45	H45	00:19:05	00:01:15	00:37:27	00:57:46	00:01:05	00:10:54	01:09:45
163	591	Sue Walker	Okehampton	Gro	D40	D40	00:19:14	00:01:13	00:37:50	00:58:17	00:01:03	00:10:34	01:09:52
164	567	James Wilson	Southampton	Gro	H24	H30	00:19:17	00:01:01	00:37:54	00:58:10	00:00:44	00:10:59	01:09:52
165	702	Derek Bardsley	Dorchester	Gro	H60	H60	00:20:26	00:01:10	00:35:07	00:56:42	00:01:05	00:12:11	01:09:57
166	555	Holly Ferrar	Plymouth	Gro	D24	D30	00:19:50	00:01:15	00:36:31	00:57:35	00:01:00	00:11:25	01:09:59
167	600	Stuart Reilly	Denham	Gro	H40	H40	00:20:04	00:01:11	00:35:30	00:56:44	00:00:56	00:12:21	01:10:01
168	716	Roland Jochem	Bad Dürkheim	Dui	H65	H65	00:21:12	00:01:00	00:34:58	00:57:09	00:00:49	00:12:08	01:10:05
169	528	Lauren Bradshaw	Nottingham	Gro	D24	D25	00:19:17	00:01:04	00:38:58	00:59:18	00:00:42	00:10:46	01:10:45
170	624	Diana Mull	Bornhöved	Dui	D45	D45	00:20:08	00:01:08	00:37:20	00:58:35	00:00:53	00:11:32	01:10:59
171	677	Keith Emery	Wigan	Gro	H50	H50	00:19:02	00:01:17	00:38:27	00:58:45	00:01:20	00:11:05	01:11:09
172	547	Alex Cartney	Northwich	Gro	H24	H25	00:19:43	00:01:33	00:37:40	00:58:56	00:00:56	00:11:29	01:11:20
173	667	Jeremy Stoneham	Bath	Gro	H50	H50	00:19:18	00:01:10	00:38:14	00:58:42	00:00:55	00:11:46	01:11:21
174	703	Malcolm Hector	Stirling	Gro	H60	H60	00:20:24	00:00:53	00:38:03	00:59:19	00:00:47	00:11:20	01:11:25
175	554	Lydia Adelin	Derby	Gro	D24	D30	00:20:50	00:01:00	00:36:33	00:58:21	00:00:52	00:12:22	01:11:35
176	708	Peter Jagan	Keighley	Gro	H60	H60	00:20:27	00:01:18	00:37:48	00:59:32	00:00:59	00:11:15	01:11:44
177	690	Paul Winter	Brighton	Gro	H55	H55	00:20:28	00:01:17	00:36:54	00:58:37	00:00:58	00:12:12	01:11:45
178	735	Elizabeth O'Connor	London	Ier	D50	D50	00:20:03	00:01:04	00:38:14	00:59:20	00:01:00	00:11:33	01:11:51
179	674	Simon Woodward	Kingsley	Gro	H50	H50	00:20:21	00:01:26	00:37:47	00:59:33	00:01:02	00:11:24	01:11:59
180	714	Michael Smallwood	Daventry	Gro	H65	H65	00:22:06	00:01:17	00:35:18	00:58:40	00:00:59	00:12:29	01:12:07
181	719	Ernst Zeh	Groß-Gerau	Dui	H70	H70	00:22:11	00:01:11	00:35:55	00:59:16	00:00:51	00:12:29	01:12:35
182	531	Rebecca Cousins	Spalding	Gro	D24	D25	00:18:07	00:01:03	00:42:30	01:01:39	00:00:49	00:10:23	01:12:50
183	713	Hans Fröbßer	Bergisch Gladbach	Dui	H65	H65	00:21:46	00:00:55	00:37:26	01:00:05	00:00:44	00:12:05	01:12:53
184	498	Anne Reintjes	Castenray	Ned	D20	D20	00:21:35	00:00:55	00:35:58	00:58:27	00:00:47	00:13:52	01:13:05
185	610	David Stringer	Horsham	Gro	H40	H40	00:20:47	00:01:28	00:38:03	01:00:17	00:01:00	00:12:22	01:13:37
186	691	Geoff Newman	Fleet	Gro	H55	H55	00:20:57	00:01:12	00:38:32	01:00:40	00:01:01	00:12:09	01:13:50
187	655	Gabi Hirsemann	Berlin	Dui	D50	D50	00:19:51	00:01:06	00:40:31	01:01:27	00:01:08	00:11:22	01:13:56
188	709	Keith Lyon	Folkestone	Gro	H60	H60	00:21:21	00:01:10	00:38:07	01:00:37	00:01:10	00:12:12	01:13:58
189	659	Kathrin Kaindl	Neustadt	Dui	D50	D50	00:21:34	00:01:02	00:38:36	01:01:11	00:01:06	00:12:27	01:14:43
190	751	Bert Aßmy - open	Fuldatal	Dui	H50	HO	00:22:11	00:01:24	00:37:29	01:01:03	00:01:07	00:12:50	01:14:59
191	687	Howard Beale	Northampton	Gro	H55	H55	00:22:21	00:01:19	00:36:59	01:00:39	00:01:10	00:13:42	01:15:29
192	697	Ria Jotter	Dannstadt	Dui	D60	D60	00:21:42	00:01:13	00:39:13	01:02:06	00:01:02	00:12:32	01:15:39
193	635	Keena Braun	Bornhöved	Dui	H45	H45	00:21:46	00:01:03	00:39:03	01:01:51	00:01:03	00:13:05	01:15:59
194	620	Guusje Vrehan	Maastricht	Ned	D45	D45	00:23:09	00:01:37	00:37:15	01:02:00	00:00:55	00:13:24	01:16:19
195	625	Rachel Kenny	Loughborough	Gro	D45	D45	00:21:28	00:01:18	00:40:40	01:03:25	00:01:02	00:12:00	01:16:26
196	711	Norman Purnell	Wigan	Gro	H60	H60	00:22:19	00:01:26	00:38:41	01:02:26	00:01:12	00:13:03	01:16:39
197	500	Vicky Smith	Reading	Gro	D20	D20	00:22:16	00:00:57	00:39:00	01:02:13	00:00:55	00:14:05	01:17:12
198	574	Kate Peers	Knutsford	Gro	D24	D35	00:22:50	00:01:16	00:39:03	01:03:07	00:00:59	00:13:11	01:17:16
199	653	Susanne Apfel	Pfarrkirchen	Dui	D50	D50	00:21:54	00:01:24	00:40:17	01:03:34	00:01:01	00:12:50	01:17:24
200	736	Maureen Wilkens	Manchester	Gro	D45	D45	00:21:21	00:01:20	00:40:43	01:03:23	00:01:15	00:13:05	01:17:42
201	622	Gaby Kerkhoffs	Valkenburg Lb	Ned	D45	D45	00:22:22	00:01:09	00:40:03	01:03:33	00:00:50	00:13:27	01:17:48
202	720	Bob Thomas	Rustington	Gro	H70	H70	00:23:54	00:00:58	00:39:12	01:04:04	00:00:43	00:13:47	01:18:32
203	698	Sharon Bardsley	Dorchester	Gro	D60	D60	00:21:28	00:01:32	00:41:40	01:04:38	00:01:20	00:12:43	01:18:40

204	627	Rachael Slack	Milton Keynes	Gro	D45	D45	00:21:42	00:01:18	00:42:37	01:05:36	00:00:58	00:12:42	01:19:14
205	673	Nick Beale	Daventry	Gro	H50	H50	00:23:14	00:01:15	00:39:56	01:04:24	00:01:07	00:13:56	01:19:27
206	707	Paul Turner	Gloucester	Gro	H60	H60	00:22:53	00:00:58	00:41:27	01:05:17	00:00:46	00:13:44	01:19:45
207	594	Mike Bornschein	Königswinter	Dui	H40	H40	00:21:27	00:01:40	00:42:24	01:05:30	00:01:38	00:13:09	01:20:15
208	715	Werner Nesseler	Kaiserslautern	Dui	H65	H65	00:24:09	00:01:37	00:41:03	01:06:49	00:01:23	00:13:15	01:21:27
209	723	Theo Herberger	Rülzheim	Dui	H75	H75	00:26:51	00:02:00	00:36:41	01:05:31	00:01:27	00:15:17	01:22:14
210	628	Tracey Apperley	Great Bradley	Gro	D45	D45	00:21:52	00:01:19	00:45:42	01:08:51	00:01:14	00:12:51	01:22:55
211	724	Josef Osterkamp	Coesfeld	Dui	H75	H75	00:26:49	00:01:34	00:38:13	01:06:36	00:01:57	00:16:00	01:24:33
212	689	Piotr Bienkowski	Southport	Gro	H55	H55	00:24:47	00:01:20	00:43:26	01:09:32	00:01:19	00:13:58	01:24:48
213	755	André Van Puyenbroeck - open	Asse	Bel	H70	HO	00:25:37	00:01:09	00:42:48	01:09:33	00:00:54	00:14:28	01:24:54
214	726	Brigitta Honingh	Grubbenvorst	Ned	D45	D45	00:24:10	00:01:21	00:44:15	01:09:45	00:01:24	00:13:53	01:25:01
215	553	Hélène Belmans	CHester	Gro	D24	D30	00:25:32	00:01:32	00:40:00	01:07:03	00:01:48	00:16:48	01:25:38
216	712	Christian Galtier	Rueil Malmaison	Fra	H65	H65	00:25:47	00:01:53	00:41:52	01:09:30	00:01:42	00:15:10	01:26:22
217	699	Jo Klerken	Venlo	Ned	H60	H60	00:25:46	00:01:10	00:43:20	01:10:15	00:01:03	00:15:23	01:26:40
218	654	Monika Suhrbier	Norderstedt	Dui	D50	D50	00:25:59	00:01:00	00:43:59	01:10:57	00:00:55	00:15:09	01:27:00
219	718	Frieda Metz	Hadamar	Dui	D70	D70	00:27:10	00:01:54	00:42:41	01:11:44	00:02:05	00:15:56	01:29:44
220	657	Helen Mendoza	Brighton	Gro	D50	D50	00:25:48	00:01:13	00:47:33	01:14:33	00:00:53	00:14:47	01:30:13
221	662	Austin O'Sullivan	Dublin	Ier	H50	H50	00:24:18	00:01:39	00:47:21	01:13:17	00:01:30	00:15:34	01:30:20
222	678	Sandra Powell-Bevan	Rugby	Gro	D55	D55	00:25:11	00:01:30	00:46:54	01:13:34	00:01:48	00:15:44	01:31:05
223	725	Brian Wilfred Forster	AshtonHayes, Chester	Gro	H80	H80	00:29:18	00:01:19	00:47:51	01:18:28	00:01:12	00:17:28	01:37:06
224	722	Maurice Young	Braintree	Gro	H75	H75	00:32:32	00:02:15	00:44:47	01:19:32	00:02:01	00:18:49	01:40:21
225	721	Gabriele Pelz	Augsburg	Dui	D75	D75	00:41:01	00:01:35	00:52:17	01:34:52	00:01:18	00:23:08	01:59:17
226	606	Nathan Jansen	Stalybridge	Gro	H40	H40	00:17:22	00:00:53					
227	630	Alfred Spieker	Achern	Dui	H45	H45	00:18:35	00:01:00					
228	642	Thomas Heider	Offstein	Dui	H45	H45	00:16:55	00:01:05					
229	649	Vincent Roe	Silverstone	Gro	H45	H45	00:20:48	00:01:10					
230	747	Lee Piercy	Bournemouth	Gro	H40	H40							