

## Fritton Lake XC Duathlon Series

Pos'n	M/F Pos'n	Race No.	First Name	Last Name	Age Group	Exit of T1	Run 1 (incl. T1)	Pos	Exit of T2	Bike (incl. T2)	Pos	Finish	Run 2	Pos	Total
1	1	7	Finn	Barnes	Youth	00:11:29	00:11:29	3	00:35:36	00:24:07	1	00:42:16	00:06:40	9	00:42:16
2	2	35	Jez	Cox	Senior	00:11:28	00:11:28	2	00:36:31	00:25:03	3	00:42:41	00:06:10	1	00:42:41
3	3	43	Ben	Findlay	Senior	00:11:55	00:11:55	4	00:36:52	00:24:57	2	00:43:07	00:06:15	2	00:43:07
4	4	29	tom	cook	Senior	00:12:17	00:12:17	8	00:38:35	00:26:18	4	00:45:16	00:06:41	10	00:45:16
5	5	24	ian	chatten	Veteran	00:12:55	00:12:55	16	00:39:14	00:26:19	5	00:46:07	00:06:53	15	00:46:07
6	6	108	Andrew	Sole	Veteran	00:12:50	00:12:50	13	00:39:32	00:26:42	6	00:46:25	00:06:53	14	00:46:25
7	7	97	Nathan	Risbey	Senior	00:11:19	00:11:19	1	00:40:36	00:29:17	22	00:46:56	00:06:20	3	00:46:56
8	8	37	Ian	Day	Veteran	00:12:27	00:12:27	9	00:40:39	00:28:12	13	00:47:16	00:06:37	7	00:47:16
9	9	21	Nick	Caley	Senior	00:12:58	00:12:58	17	00:40:24	00:27:26	8	00:47:33	00:07:09	23	00:47:33
10	10	15	Simon	Brierley	Senior	00:12:04	00:12:04	5	00:40:33	00:28:29	17	00:47:35	00:07:02	20	00:47:35
11	11	41	James	Drake	Senior	00:12:49	00:12:49	12	00:40:42	00:27:53	9	00:47:56	00:07:14	26	00:47:56
12	12	86	karim	ouaddane	Veteran	00:13:57	00:13:57	30	00:40:47	00:26:50	7	00:48:05	00:07:18	27	00:48:05
13	13	63	David	Husband	Veteran	00:12:54	00:12:54	15	00:40:54	00:28:00	10	00:48:08	00:07:14	24	00:48:08
14	14	81	Darren	Neale	Senior	00:12:52	00:12:52	14	00:41:39	00:28:47	19	00:48:15	00:06:36	6	00:48:15
15	15	46	Edward	Foster	Junior	00:12:10	00:12:10	6	00:42:31	00:30:21	33	00:49:05	00:06:34	5	00:49:05
16	16	124	gary	Wootton	Veteran	00:13:29	00:13:29	24	00:42:44	00:29:15	21	00:49:17	00:06:33	4	00:49:17
17	17	118	Mark	Turner	Veteran	00:13:12	00:13:12	20	00:42:41	00:29:29	24	00:49:30	00:06:49	13	00:49:30

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18	18	109	Matthew	Spillman	Veteran	00:13:49	00:13:49	28	00:42:09	00:28:20	16	00:49:43	00:07:34	30	00:49:43
19	1	106	Becky	Schofield	Senior	00:13:21	00:13:21	22	00:42:43	00:29:22	23	00:49:44	00:07:01	19	00:49:44
20	19	126	Andy	Wylde	Veteran	00:13:35	00:13:35	25	00:41:48	00:28:13	14	00:49:50	00:08:02	48	00:49:50
21	20	92	Tom	Pullinger	Veteran	00:14:00	00:14:00	31	00:42:06	00:28:06	12	00:49:58	00:07:52	40	00:49:58
22	21	68	James	Kershaw	Junior	00:12:36	00:12:36	11	00:42:53	00:30:17	30	00:50:07	00:07:14	25	00:50:07
23	22	54	Ian	Hacon	Veteran	00:14:02	00:14:02	32	00:42:45	00:28:43	18	00:50:32	00:07:47	37	00:50:32
24	23	66	Sean	Jermy	Senior	00:12:58	00:12:58	18	00:43:50	00:30:52	38	00:50:47	00:06:57	17	00:50:47
25	24	20	Leigh	Butcher	Senior	00:13:23	00:13:23	23	00:44:09	00:30:46	37	00:51:03	00:06:54	16	00:51:03
26	25	39	Ashley	Dennett	Junior	00:13:16	00:13:16	21	00:44:16	00:31:00	39	00:51:04	00:06:48	12	00:51:04
27	26	57	paul	hayward	Senior	00:14:24	00:14:24	36	00:43:17	00:28:53	20	00:51:06	00:07:49	38	00:51:06
28	27	90	Chris	Playford	Veteran	00:15:04	00:15:04	49	00:43:19	00:28:15	15	00:51:13	00:07:54	41	00:51:13
29	28	121	Guy	Wightman	Veteran	00:15:02	00:15:02	48	00:43:04	00:28:02	11	00:51:21	00:08:17	58	00:51:21
30	29	19	alan	bushell	Veteran	00:13:40	00:13:40	27	00:43:59	00:30:19	31	00:51:22	00:07:23	28	00:51:22
31	30	18	Kevin	Burgess	Veteran	00:14:43	00:14:43	42	00:44:47	00:30:04	27	00:51:47	00:07:00	18	00:51:47
32	31	115	Rob	Thornton	Senior	00:12:10	00:12:10	7	00:45:14	00:33:04	57	00:51:52	00:06:38	8	00:51:52
33	32	38	philip	denby	Senior	00:14:32	00:14:32	39	00:44:25	00:29:53	25	00:52:04	00:07:39	33	00:52:04
34	33	23	Kevin	Chalmers	Veteran	00:14:15	00:14:15	34	00:44:38	00:30:23	34	00:52:08	00:07:30	29	00:52:08

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Pos'n	M/F Pos'n	Race No.	First Name	Last Name	Age Group	Exit of T1	Run 1 (incl. T1)	Pos	Exit of T2	Bike (incl. T2)	Pos	Finish	Run 2	Pos	Total
35	34	107	Dale	Skoulding	Senior	00:13:04	00:13:04	19	00:45:07	00:32:03	46	00:52:10	00:07:03	22	00:52:10
36	35	47	Gary	Fryer	Senior	00:14:13	00:14:13	33	00:44:23	00:30:10	28	00:52:24	00:08:01	47	00:52:24
37	36	102	Sean	Sampson	Veteran	00:14:27	00:14:27	38	00:44:20	00:29:53	26	00:52:44	00:08:24	63	00:52:44
38	37	48	chris	fulford	Senior	00:13:36	00:13:36	26	00:45:33	00:31:57	44	00:53:08	00:07:35	31	00:53:08
39	38	33	William	Cork	Junior	00:12:32	00:12:32	10	00:46:29	00:33:57	63	00:53:16	00:06:47	11	00:53:16
40	2	112	Esmé	Stewart	Youth	00:14:25	00:14:25	37	00:45:40	00:31:15	40	00:53:18	00:07:38	32	00:53:18
41	39	30	simon	cook	Veteran	00:15:27	00:15:27	60	00:45:39	00:30:12	29	00:53:48	00:08:09	54	00:53:48
42	3	77	Claire	Martin	Veteran	00:15:12	00:15:12	52	00:45:49	00:30:37	36	00:53:51	00:08:02	49	00:53:51
43	40	3	Matt	Askins	Senior	00:14:23	00:14:23	35	00:45:47	00:31:24	41	00:53:56	00:08:09	55	00:53:56
44	41	16	Frank	Brumby	Veteran	00:15:24	00:15:24	57	00:45:43	00:30:19	32	00:54:02	00:08:19	61	00:54:02
45	4	52	Louise	Goddard	Veteran	00:15:08	00:15:08	50	00:45:37	00:30:29	35	00:54:25	00:08:48	72	00:54:25
46	42	55	Matt	Hardy	Veteran	00:14:51	00:14:51	44	00:46:53	00:32:02	45	00:54:35	00:07:42	35	00:54:35
47	43	122	Mark	Womack	Veteran	00:15:17	00:15:17	54	00:47:13	00:31:56	43	00:54:53	00:07:40	34	00:54:53
48	44	62	Edward	Hunter	Junior	00:13:51	00:13:51	29	00:48:12	00:34:21	69	00:55:15	00:07:03	21	00:55:15
49	45	73	stephen	long	Veteran	00:15:10	00:15:10	51	00:47:16	00:32:06	47	00:55:41	00:08:25	64	00:55:41
50	46	111	Gareth	Stevens	Senior	00:14:55	00:14:55	46	00:47:26	00:32:31	52	00:55:44	00:08:18	59	00:55:44
51	47	101	Tony	Rose	Veteran	00:15:33	00:15:33	66	00:47:48	00:32:15	50	00:55:52	00:08:04	52	00:55:52

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52	48	125	Paul	Wright	Veteran	00:14:34	00:14:34	40	00:47:14	00:32:40	54	00:55:56	00:08:42	68	00:55:56
53	49	79	Jason	Moore	Veteran	00:14:38	00:14:38	41	00:48:05	00:33:27	62	00:56:03	00:07:58	43	00:56:03
54	50	64	warren	hytch	Veteran	00:16:13	00:16:13	73	00:47:53	00:31:40	42	00:56:27	00:08:34	67	00:56:27
55	51	69	David	Kirk	Veteran	00:15:26	00:15:26	59	00:48:33	00:33:07	58	00:56:35	00:08:02	50	00:56:35
56	52	28	darren	collison	Veteran	00:15:31	00:15:31	64	00:48:30	00:32:59	56	00:57:02	00:08:32	65	00:57:02
57	53	31	Gary	Cooper	Veteran	00:16:13	00:16:13	74	00:48:47	00:32:34	53	00:57:06	00:08:19	62	00:57:06
58	54	11	Jon	Beverley	Senior	00:15:57	00:15:57	69	00:48:21	00:32:24	51	00:57:18	00:08:57	74	00:57:18
59	5	60	Rachel	Holman	Veteran	00:16:03	00:16:03	71	00:49:20	00:33:17	60	00:57:23	00:08:03	51	00:57:23
60	55	72	Philip	Linden-Ball	Senior	00:14:43	00:14:43	43	00:49:42	00:34:59	72	00:57:26	00:07:44	36	00:57:26
61	56	93	Kevan	Pywell	Veteran	00:15:32	00:15:32	65	00:49:33	00:34:01	65	00:57:31	00:07:58	44	00:57:31
62	6	17	Sue	Brumby	Veteran	00:15:25	00:15:25	58	00:49:40	00:34:15	68	00:57:39	00:07:59	46	00:57:39
63	57	4	Bryan	Averre	Senior	00:16:10	00:16:10	72	00:49:31	00:33:21	61	00:57:48	00:08:17	56	00:57:48
64	58	123	Andrew	Woods	Senior	00:15:21	00:15:21	55	00:49:18	00:33:57	64	00:57:51	00:08:33	66	00:57:51
65	59	5	Stefan	Baber	Veteran	00:14:52	00:14:52	45	00:50:06	00:35:14	73	00:58:23	00:08:17	57	00:58:23
66	60	117	Nolan	Tovell	Senior	00:15:15	00:15:15	53	00:49:29	00:34:14	67	00:58:30	00:09:01	77	00:58:30
67	61	96	Joe	Reynolds	Senior	00:17:13	00:17:13	82	00:49:24	00:32:11	49	00:58:31	00:09:07	84	00:58:31
68	7	91	Adele	Postle	Veteran	00:16:40	00:16:40	75	00:49:34	00:32:54	55	00:58:37	00:09:03	80	00:58:37

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69	62	119	Roger	Tyler	Veteran	00:17:31	00:17:31	84	00:49:41	00:32:10	48	00:58:43	00:09:02	79	00:58:43
70	63	50	DAVID	GILBERT	60+	00:16:44	00:16:44	76	00:49:51	00:33:07	59	00:58:55	00:09:04	82	00:58:55
71	8	75	Ailsa	MacDonald	Senior	00:15:22	00:15:22	56	00:51:35	00:36:13	76	00:59:27	00:07:52	39	00:59:27
72	64	65	James	Ivory	Veteran	00:15:58	00:15:58	70	00:51:47	00:35:49	74	01:00:34	00:08:47	71	01:00:34
73	65	53	Lee	Goddard	Veteran	00:14:59	00:14:59	47	00:51:45	00:36:46	78	01:00:52	00:09:07	83	01:00:52
74	9	85	Suzanne	Orr	Veteran	00:15:28	00:15:28	61	00:52:57	00:37:29	83	01:00:54	00:07:57	42	01:00:54
75	66	98	Trevor	Roberts	Veteran	00:17:46	00:17:46	86	00:52:21	00:34:35	71	01:01:04	00:08:43	69	01:01:04
76	67	76	rod	main	Veteran	00:15:30	00:15:30	62	00:53:22	00:37:52	85	01:01:41	00:08:19	60	01:01:41
77	10	95	Kim	Reader	Veteran	00:15:30	00:15:30	63	00:53:54	00:38:24	89	01:01:59	00:08:05	53	01:01:59
78	68	71	Patrick	Larke	Veteran	00:15:35	00:15:35	67	00:54:01	00:38:26	90	01:01:59	00:07:58	45	01:01:59
79	69	42	Chris	Dye	Veteran	00:17:00	00:17:00	80	00:53:10	00:36:10	75	01:02:06	00:08:56	73	01:02:06
80	70	89	Mark	Peach	Veteran	00:16:48	00:16:48	78	00:53:46	00:36:58	80	01:02:48	00:09:02	78	01:02:48
81	71	113	Steve	Stringer	Veteran	00:16:46	00:16:46	77	00:53:46	00:37:00	82	01:02:49	00:09:03	81	01:02:49
82	72	87	James	Oxbury	Senior	00:19:19	00:19:19	93	00:53:31	00:34:12	66	01:03:04	00:09:33	87	01:03:04
83	73	59	Karl	Hinds	Senior	00:18:08	00:18:08	87	00:52:41	00:34:33	70	01:03:06	00:10:25	90	01:03:06
84	74	2	Paul	Anderson	Veteran	00:17:15	00:17:15	83	00:54:14	00:36:59	81	01:03:14	00:09:00	76	01:03:14
85	11	36	Lorrain	Dawson	Veteran	00:16:51	00:16:51	79	00:54:34	00:37:43	84	01:03:20	00:08:46	70	01:03:20

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86	12	67	julia	kennelly	Veteran	00:17:00	00:17:00	81	00:54:55	00:37:55	86	01:03:53	00:08:58	75	01:03:53
87	13	105	Sarah	Sayers	Senior	00:18:28	00:18:28	88	00:55:01	00:36:33	77	01:04:28	00:09:27	86	01:04:28
88	75	25	Steve	Coe	Veteran	00:15:35	00:15:35	68	00:55:10	00:39:35	91	01:04:34	00:09:24	85	01:04:34
89	76	34	Martin	Cornwell	60+	00:18:40	00:18:40	90	00:55:31	00:36:51	79	01:05:43	00:10:12	89	01:05:43
90	77	10	Robert	Belcher	Veteran	00:17:42	00:17:42	85	00:55:55	00:38:13	88	01:06:06	00:10:11	88	01:06:06
91	78	40	Alex	Dickens	Senior	00:18:54	00:18:54	91	00:56:51	00:37:57	87	01:07:40	00:10:49	95	01:07:40
92	79	49	Ian	Gardner	Veteran	00:18:36	00:18:36	89	01:00:18	00:41:42	94	01:10:55	00:10:37	94	01:10:55
93	14	88	Maria	Page	Veteran	00:20:25	00:20:25	96	01:02:05	00:41:40	93	01:12:38	00:10:33	92	01:12:38
94	15	100	Lesley	Rose	Veteran	00:20:24	00:20:24	95	01:02:04	00:41:40	92	01:12:38	00:10:34	93	01:12:38
95	16	94	Jane	Ray	Veteran	00:19:09	00:19:09	92	01:05:33	00:46:24	95	01:16:05	00:10:32	91	01:16:05
96	17	27	chloe	collison	Youth	00:20:49	00:20:49	98	01:12:19	00:51:30	97	01:23:47	00:11:28	96	01:23:47
97	80	114	martyn	taylor	Veteran	00:20:49	00:20:49	97	01:12:18	00:51:29	96	01:23:49	00:11:31	97	01:23:49
98	81	99	Jason	Roche	Veteran	00:19:48	00:19:48	94	01:14:54	00:55:06	99	01:27:04	00:12:10	98	01:27:04
99	18	70	Wendy	Larke	Veteran	00:24:58	00:24:58	99	01:17:31	00:52:33	98	01:30:43	00:13:12	99	01:30:43