

Position	Bib	Name	Age Group Description	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Finish Time
1	190	Toby Morrell	M30-34	20:25.7	1:28.5	1:02:08.7	0:30.3	37:54.9	2:02:28.3
2	175	Matt Chandler	M30-34	20:41.2	1:27.7	1:00:36.2	0:35.5	39:54.4	2:03:15.3
3	211	Steve Norris	M30-34	22:00.4	1:29.1	1:01:08.0	0:25.0	39:02.5	2:04:05.2
4	172	Danny Wyer	M35-39	25:08.0	1:32.8	1:02:01.5	0:26.7	37:08.2	2:06:17.3
5	187	Barry Wilton	M30-34	24:02.2	1:31.9	1:03:06.8	0:27.8	37:08.7	2:06:17.6
6	168	Neil Reid	M35-39	26:04.5	1:39.6	1:02:45.3	0:39.0	37:55.5	2:09:04.2
7	160	Ben Findlay	M35-39	24:00.0	1:39.8	1:05:44.5	0:28.9	37:55.7	2:09:49.0
8	157	Angus Wilkinson	M35-39	25:02.0	1:31.5	1:04:01.0	0:42.6	38:34.9	2:09:52.1
9	189	Geoff Bamber	M30-34	25:15.5	2:20.1	1:04:04.7	0:52.6	37:42.3	2:10:15.4
10	216	Sam Proctor	M20-24	22:47.5	1:58.6	1:05:51.1	0:28.4	39:43.7	2:10:49.6
11	176	philip curtis	M30-34	20:29.3	1:42.9	1:08:09.8	0:36.0	40:55.4	2:11:53.4
12	161	Lee Sheldrake	M35-39	23:05.3	1:21.8	1:08:45.0	0:22.7	38:59.0	2:12:34.0
13	95	Peter Foody	M45-49	25:43.1	1:56.8	1:06:35.1	0:40.6	38:09.6	2:13:05.5
14	44	Ben Veitch	M35-39	24:25.1	1:39.6	1:04:57.4	0:43.8	41:32.3	2:13:18.4
15	193	Phil Paterson	M30-34	23:00.7	1:43.3	1:05:30.9	0:43.7	42:39.1	2:13:37.8
16	192	Mark Cox	M30-34	25:40.3	1:39.7	1:04:27.1	0:42.2	41:21.3	2:13:50.8
17	166	David Brookes	M35-39	26:10.5	1:44.9	1:06:56.8	0:35.0	38:30.3	2:13:57.7
18	151	Antony Birt	M35-39	29:25.2	1:43.8	1:02:17.0	0:35.0	40:14.3	2:14:15.4
19	111	Chris Gorse	M40-44	24:27.4	1:37.5	1:05:33.4	0:29.5	42:09.2	2:14:17.2
20	143	Jason Painter	M40-44	26:55.7	1:51.4	1:07:54.4	0:30.4	37:54.6	2:15:06.6
21	165	Andrew Skiggs	M35-39	25:30.6	1:46.4	1:07:07.7	0:28.0	41:12.0	2:16:04.9
22	204	Stuart Hitchcock	M25-29	26:38.3	2:01.2	1:08:03.9	0:35.1	39:13.2	2:16:31.9
23	159	Phil Denby	M35-39	24:12.8	2:02.1	1:06:15.3	0:32.3	45:09.1	2:18:11.7
24	188	Adrian Ball	M30-34	26:08.2	1:49.4	1:07:22.5	0:33.4	42:34.2	2:18:27.9
25	94	Ian Chatten	M45-49	28:15.1	2:09.7	1:06:04.2	0:26.4	41:54.2	2:18:49.9
26	170	Dan Stuart	M35-39	25:36.7	2:09.7	1:08:10.9	0:38.8	42:41.9	2:19:18.3
27	169	dwight senduk	M35-39	20:24.8	3:07.3	1:11:55.5	0:55.8	42:58.3	2:19:21.9
28	186	Mark Tickner	M30-34	25:49.1	3:05.9	1:07:59.8	1:06.2	41:24.0	2:19:25.1
29	132	Chris Sugars	M40-44	22:04.4	2:12.8	1:11:23.1	0:30.3	43:14.8	2:19:25.4
30	113	Rob Lines	M40-44	22:09.2	3:24.0	1:09:12.3	0:51.4	44:04.9	2:19:42.0
31	174	paul cashman	M30-34	29:37.4	2:07.9	1:09:49.8	0:43.3	37:24.4	2:19:43.0
32	121	Mark Denney	M40-44	26:28.0	1:49.8	1:08:28.5	0:47.8	42:11.0	2:19:45.3
33	217	Philip Hines	M20-24	30:04.6	2:34.2	1:07:53.6	0:32.8	38:40.9	2:19:46.2
34	213	Dennis Chung	M20-24	26:32.2	1:29.2	1:12:15.5	0:41.1	39:09.0	2:20:07.2
35	141	Adam Knights	M40-44	25:20.0	2:00.0	1:09:50.0	0:40.0	42:28.2	2:20:18.2

Position	Bib	Name	Age Group Description	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Finish Time
36	197	Tony Ward	M25-29	28:32.6	1:43.7	1:11:30.8	0:37.1	38:25.6	2:20:50.0
37	185	Joe Spencer	M30-34	24:23.3	2:07.9	1:12:42.3	0:41.3	41:23.1	2:21:18.1
38	153	Martin Palmer	M35-39	24:15.1	2:27.5	1:11:37.9	0:41.3	42:19.2	2:21:21.2
39	108	Jeremy Cox	M40-44	25:56.1	1:58.7	1:09:50.1	0:32.4	43:27.5	2:21:45.0
40	107	Benjamin Bailey	M40-44	28:09.6	2:02.1	1:10:43.4	0:33.1	40:52.6	2:22:21.0
41	88	david maslen	M45-49	30:42.4	3:16.9	1:04:43.2	1:11.0	42:33.9	2:22:27.7
42	140	Michael Jones	M40-44	31:00.0	2:12.4	1:08:31.7	0:45.9	40:03.2	2:22:33.5
43	125	Matthew Thwaites	M40-44	26:11.5	2:12.5	1:07:34.6	1:06.2	45:33.7	2:22:38.6
44	210	Daniel Coughlan	M25-29	25:58.4	2:01.8	1:07:19.3	0:46.0	46:33.4	2:22:39.1
45	214	Robert Rout	M20-24	23:04.2	2:13.2	1:12:30.4	0:32.4	44:42.5	2:23:02.8
46	72	Richard Fuller	M50-54	27:13.9	2:00.8	1:13:55.2	0:32.2	40:01.7	2:23:44.0
47	117	Rory Suckling	M40-44	27:02.6	2:10.6	1:13:17.5	0:52.2	40:23.8	2:23:46.9
48	147	Stefan Rider	M40-44	24:42.6	3:02.9	1:12:40.0	1:24.7	42:02.7	2:23:53.1
49	195	Matthew Cartwright	M25-29	29:29.7	2:12.1	1:11:55.9	0:33.6	40:09.1	2:24:20.7
50	209	Owen Lewis	M25-29	27:55.8	2:13.4	1:08:44.4	0:33.4	45:36.9	2:25:04.0
51	118	Stefan Bolam	M40-44	27:09.6	2:13.4	1:10:59.1	0:45.8	44:08.2	2:25:16.4
52	183	Nick Champion	M30-34	26:21.3	2:07.2	1:11:47.8	0:33.6	44:28.2	2:25:18.4
53	27	Ellen Greaves	F25-29	25:50.9	2:15.8	1:15:43.6	1:01.4	40:37.0	2:25:28.9
54	150	thomas jarrett	M35-39	35:09.8	5:01.4	1:05:07.3	1:45.6	39:00.0	2:26:04.2
55	103	Steve Jones	M45-49	26:19.9	3:44.1	1:06:47.6	1:13.3	48:08.2	2:26:13.4
56	89	Paul Pester	M45-49	23:08.9	2:22.3	1:13:17.3	1:03.6	46:22.1	2:26:14.4
57	219	Philipp Langer	M20-24	24:09.3	2:50.9	1:11:01.4	1:05.8	47:07.3	2:26:14.8
58	112	Iain Johnson	M40-44	26:59.0	2:17.3	1:09:22.0	0:46.1	46:54.9	2:26:19.4
59	84	Martin Archer	M45-49	28:07.5	2:42.1	1:12:08.6	0:42.1	42:42.6	2:26:23.0
60	203	James Webster	M45-49	25:05.1	2:45.1	1:13:32.7	1:14.9	44:03.7	2:26:41.7
61	29	Graham Chapman	M55-59	28:33.3	2:08.7	1:12:23.1	0:41.6	43:20.4	2:27:07.2
62	81	Andrew Ritchings	M50-54	27:11.6	3:50.0	1:14:20.9	0:37.4	41:38.0	2:27:38.1
63	109	Neil Dobson	M40-44	27:34.8	3:16.9	1:12:26.3	0:56.4	43:26.2	2:27:40.7
64	115	Mark Philo	M40-44	27:19.6	2:20.8	1:13:46.6	0:35.3	44:00.5	2:28:02.9
65	191	alexander pennington	M30-34	24:15.8	1:50.7	1:12:17.6	0:39.1	49:08.0	2:28:11.3
66	97	James Stanbrook	M45-49	27:05.3	3:01.0	1:13:41.8	0:41.3	44:00.4	2:28:30.0
67	40	Tom Cook	M35-39	26:57.0	2:16.7	1:13:20.6	0:54.4	45:23.4	2:28:52.4
68	206	David Teague	M25-29	29:49.7	2:46.0	1:15:06.3	1:21.0	40:22.5	2:29:25.6
69	136	Christopher Drake	M40-44	28:54.8	2:36.9	1:12:30.9	0:47.6	44:57.0	2:29:47.3
70	101	neil curry	M45-49	28:47.1	1:27.8	1:14:00.0	0:50.0	45:06.5	2:30:11.5

Position	Bib	Name	Age Group Description	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Finish Time
71	20	Sara Rogger	F35-39	27:01.9	1:45.4	1:14:07.8	0:48.3	46:56.9	2:30:40.5
72	218	Richard Hyde	M20-24	28:14.0	3:37.7	1:12:01.6	1:30.7	45:39.0	2:31:03.2
73	43	Seb Rijpstra	M35-39	28:47.9	2:44.6	1:13:41.7	0:57.6	44:53.7	2:31:05.7
74	80	Paul Quantrill	M45-49	30:58.6	2:38.9	1:12:55.2	0:38.5	44:32.7	2:31:44.1
75	167	Chris Fulford	M35-39	32:42.8	2:23.5	1:12:07.1	0:44.7	43:55.4	2:31:53.7
76	181	Matthew Shaw	M30-34	25:25.8	2:50.8	1:15:26.4	0:38.2	47:52.4	2:32:13.7
77	7	Lynn Emmett	F40-44	27:30.0	2:25.0	1:14:05.0	0:50.0	47:28.6	2:32:18.6
78	130	Andrew Keeble	M40-44	25:41.3	2:47.9	1:14:54.4	0:58.9	47:58.2	2:32:20.8
79	127	Ian Bartram	M40-44	32:54.1	3:18.2	1:10:43.0	1:04.9	44:22.7	2:32:23.1
80	37	Rebecca Layland	F20-24	24:19.7	2:20.8	1:17:28.4	0:52.1	47:23.7	2:32:24.8
81	106	mark winfield	M40-44	29:18.3	2:04.7	1:15:52.2	0:40.2	44:32.2	2:32:27.7
82	131	justin lawton	M40-44	30:44.0	2:28.8	1:11:41.2	0:59.4	46:49.8	2:32:43.4
83	164	Matthew Pickett	M35-39	29:56.6	2:28.0	1:15:13.7	1:03.8	44:19.5	2:33:01.7
84	129	Mike Grout	M40-44	31:24.0	1:54.7	1:16:07.1	0:47.8	43:48.8	2:34:02.6
85	152	mike hill	M35-39	31:58.1	2:19.0	1:15:42.6	0:53.1	43:12.0	2:34:05.1
86	144	Tom Pullinger	M40-44	25:32.4	1:35.4	1:11:57.4	0:41.0	54:27.1	2:34:13.3
87	93	neil packer	M45-49	25:16.4	1:57.5	1:16:12.1	0:56.0	49:54.2	2:34:16.3
88	48	Steve Bulman	M55-59	28:07.5	2:51.9	1:14:59.4	1:01.2	47:16.9	2:34:17.0
89	116	david southgate	M40-44	26:19.2	2:17.1	1:12:39.2	0:36.1	53:00.0	2:34:51.8
90	145	Mark Dixon	M40-44	28:44.9	2:12.6	1:13:23.8	0:56.9	49:36.5	2:34:54.9
91	137	Steve Ely	M40-44	31:47.5	3:15.9	1:18:06.6	1:13.8	40:45.6	2:35:09.5
92	17	lindsey saunders	F35-39	26:40.9	2:08.4	1:14:32.0	1:00.4	51:00.9	2:35:22.8
93	42	Ian Renfrew	M35-39	33:00.0	3:35.0	1:17:38.9	1:03.5	40:27.7	2:35:45.3
94	208	Richard Lee	M25-29	26:26.8	2:46.8	1:15:42.2	0:53.9	50:06.9	2:35:56.8
95	182	jonathan batchelor	M30-34	25:10.1	2:31.3	1:16:29.2	0:57.3	51:18.9	2:36:27.0
96	207	DANIEL BLYTH	M25-29	28:58.1	1:35.5	1:20:47.5	0:32.8	44:42.9	2:36:37.0
97	28	Gemma Kemp	F25-29	28:41.3	2:32.0	1:15:30.7	1:00.2	49:00.3	2:36:44.6
98	205	scott marshall	M25-29	29:35.8	3:16.2	1:16:53.5	1:10.1	45:49.5	2:36:45.2
99	19	Jenni Muston	F35-39	27:13.2	2:49.2	1:22:03.7	0:56.6	43:57.7	2:37:00.6
100	171	Nolan Tovell	M35-39	29:18.1	2:55.6	1:14:46.6	1:06.8	49:15.4	2:37:22.7
101	1	Amanda Mallett	F45-49	29:12.2	2:15.9	1:16:42.8	1:00.1	48:32.0	2:37:43.1
102	198	Mark Ellis	M25-29	35:37.8	3:41.0	1:14:58.2	1:05.9	42:30.8	2:37:53.9
103	11	Rebecca Horne	F40-44	28:37.3	2:13.6	1:15:35.4	0:44.5	50:48.7	2:37:59.6
104	69	Trevor Coleman	M50-54	34:16.9	5:47.4	1:12:47.6	0:56.6	44:15.8	2:38:04.4
105	134	Richard Astle	M40-44	25:29.3	3:27.4	1:16:53.1	1:04.5	52:06.1	2:39:00.5

Position	Bib	Name	Age Group Description	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Finish Time
106	83	Kevin Frazer	M45-49	35:53.7	3:57.5	1:16:44.3	0:58.1	41:40.7	2:39:14.4
107	96	Andrew Hovell	M45-49	25:36.2	3:16.2	1:12:03.9	1:13.5	57:08.9	2:39:19.0
108	184	Lloyd Chandler	M30-34	29:10.7	3:20.5	1:13:30.4	0:49.5	52:27.7	2:39:19.0
109	149	Nick Ford	M35-39	28:01.6	3:45.0	1:15:43.1	1:17.4	50:52.0	2:39:39.4
110	51	Charles Baynes	M55-59	30:27.2	2:17.4	1:15:25.4	1:00.0	50:37.5	2:39:47.6
111	215	Jack Colman	M20-24	24:20.3	3:08.5	1:19:00.0	1:07.2	52:33.8	2:40:10.0
112	100	Andrew Carrier	M45-49	37:10.0	2:33.8	1:14:45.2	1:00.3	44:41.6	2:40:10.9
113	50	Thomas Palmer	M55-59	28:18.9	2:06.6	1:18:52.7	0:32.8	50:26.2	2:40:17.4
114	30	Emma Wiik	F25-29	28:05.4	4:34.4	1:20:45.5	1:19.9	45:41.1	2:40:26.5
115	119	David Boyce	M40-44	25:58.7	3:47.9	1:24:50.3	0:49.8	45:16.7	2:40:43.6
116	23	Chantal Kibbey	F35-39	23:27.1	4:04.5	1:21:05.4	1:12.5	50:55.5	2:40:45.2
117	146	Scott Osborn	M40-44	31:38.1	2:34.2	1:16:33.6	1:33.2	48:29.7	2:40:49.0
118	46	Ken Price	M60+	32:06.5	3:06.3	1:13:04.5	1:17.8	52:11.6	2:41:46.8
119	65	Adrian Penn	M50-54	31:48.5	3:02.8	1:18:09.3	0:46.7	48:38.9	2:42:26.4
120	158	leon chandler	M35-39	28:19.4	2:48.8	1:14:38.3	1:33.2	55:20.8	2:42:40.7
121	99	Andrew Baker	M40-44	33:06.3	3:12.6	1:16:23.2	1:20.5	48:38.9	2:42:41.6
122	15	Anna Baldwin	F35-39	26:56.9	2:48.3	1:23:07.3	0:49.8	49:18.0	2:43:00.5
123	177	Mark Newman	M30-34	29:05.2	3:14.9	1:15:10.7	0:56.8	54:59.6	2:43:27.4
124	124	Nick Page	M40-44	29:53.9	3:15.5	1:12:20.1	0:56.0	57:27.7	2:43:53.5
125	66	Mark Ford	M40-44	31:21.3				2:12:38.6	2:44:00.0
126	104	Adrian Matthews	M45-49	32:08.3	2:45.9	1:13:52.3	0:59.4	54:18.8	2:44:04.8
127	105	Mark Smart	M45-49	27:42.4	3:24.4	1:14:15.0	0:56.9	58:09.4	2:44:28.3
128	142	Chris McBeth	M40-44	31:36.6	4:12.8	1:17:41.5	1:31.0	49:48.4	2:44:50.4
129	199	Rich Evans	M25-29	28:05.0	2:05.6	1:19:32.4	1:11.0	54:21.3	2:45:15.3
130	70	Kevan Pywell	M50-54	32:32.8	2:32.6	1:20:59.5	0:33.9	48:41.3	2:45:20.2
131	92	Daniel Nolan	M45-49	33:04.3	2:52.0	1:16:32.5	1:28.1	51:26.3	2:45:23.4
132	122	Lee Ffrench	M40-44	36:42.0	2:09.1	1:15:30.2	1:55.5	49:29.7	2:45:46.7
133	133	Dave Watson	M40-44	27:28.8	2:51.0	1:20:09.4	0:57.9	54:20.8	2:45:48.0
134	202	elliott bird	M25-29	33:58.0	4:06.2	1:19:56.7	0:51.1	47:07.7	2:45:59.8
135	26	Jennifer Graham	F25-29	31:47.1	3:05.6	1:19:09.9	0:45.8	52:17.9	2:47:06.4
136	102	Andrew Hansler	M40-44	34:03.2	2:48.1	1:20:30.6	1:56.4	50:14.7	2:49:33.1
137	139	Jim Harbord	M40-44	41:10.3	2:48.0	1:16:50.6	0:45.0	48:38.6	2:50:12.7
138	73	david kelloway	M50-54	37:46.8	2:57.7	1:23:22.6	1:04.8	45:34.4	2:50:46.4
139	68	Chris Speakman	M50-54	37:51.0	3:15.8	1:23:24.9	0:52.8	45:32.1	2:50:56.8
140	120	John Cahir	M40-44	34:52.3	3:48.6	1:23:57.8	1:40.3	46:54.8	2:51:14.0

Position	Bib	Name	Age Group Description	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Finish Time
141	156	Grant Townshend	M35-39	32:23.7	3:14.2	1:22:43.8	1:23.6	51:36.2	2:51:21.8
142	180	Andrew Pipe	M30-34	37:59.8	2:26.1	1:20:23.4	0:36.8	49:56.1	2:51:22.3
143	162	John White	M35-39	32:55.7	3:18.3	1:30:35.0	1:00.2	43:34.7	2:51:24.1
144	24	Liz Wood	F30-34	30:32.6	3:00.0	1:25:42.4	0:40.9	51:36.7	2:51:32.7
145	135	Frazer Bennett	M40-44	35:24.3	3:19.8	1:20:30.0	0:45.7	51:45.4	2:51:45.5
146	3	Janette Thomas	F50-54	27:06.0	2:36.8	1:20:59.9	0:56.6	1:00:48.3	2:52:27.7
147	4	Sue Fuller	F50-54	30:08.3	3:22.2	1:23:21.7	0:51.4	54:55.4	2:52:39.1
148	35	Sarah Greenwood	F25-29	23:27.1	2:06.6	1:27:50.7	0:35.0	59:02.6	2:53:02.2
149	173	Greig Avery	M30-34	27:38.1	2:44.0	1:25:23.5	0:36.6	56:56.9	2:53:19.4
150	14	Audrey Hughes-Jones	F40-44	28:20.1	3:00.2	1:23:28.8	1:02.9	58:10.3	2:54:02.4
151	22	Kirsten Jolly	F35-39	34:17.2	2:54.0	1:24:28.4	1:26.4	51:05.9	2:54:12.2
152	38	Katie Rellis	F20-24	28:59.0	2:54.5	1:30:37.3	0:46.4	50:59.7	2:54:17.0
153	16	Emma Elms	F35-39	34:50.3	4:05.4	1:24:30.0	1:13.6	49:41.7	2:54:21.2
154	6	Karen Archbold	F45-49	35:51.4	2:38.6	1:27:36.0	1:04.5	47:40.3	2:54:50.9
155	123	Jon Hall	M40-44	30:30.8	3:25.4	1:21:26.3	1:31.4	58:51.3	2:55:45.4
156	82	Mark Scharff	M50-54	39:41.3	3:29.2	1:19:21.2	1:17.5	52:21.8	2:56:11.2
157	196	stuart knight	M25-29	35:40.3	3:14.8	1:22:13.3	0:57.2	54:35.2	2:56:40.9
158	194	mark payne	M30-34	30:09.9	2:49.7	1:16:26.9	1:09.5	1:06:18.1	2:56:54.4
159	110	Mark Ellis	M40-44	30:26.5	4:07.9	1:20:16.5	1:22.9	1:01:18.1	2:57:32.1
160	25	Lynne Auchterlonie	F30-34	32:43.2	4:21.5	1:31:18.3	1:28.6	47:47.5	2:57:39.2
161	148	edward brennan	M35-39	39:57.7	2:16.5	1:22:52.9	0:53.7	51:49.8	2:57:50.7
162	86	Chris Lambarth	M45-49	33:22.9	4:05.6	1:25:33.5	1:33.8	53:22.5	2:57:58.6
163	77	Ellis Kurland	M50-54	30:57.8	4:21.0	1:29:03.7	1:31.0	52:07.5	2:58:01.3
164	126	Matthew Barrett	M35-39	27:24.6	4:46.3	1:23:20.8	3:16.4	59:17.4	2:58:05.7
165	47	Kevin Bevan	M60+	30:41.0	3:49.6	1:23:18.5	0:39.3	59:52.6	2:58:21.2
166	9	Lorna Moulton	F40-44	32:03.2	3:45.9	1:30:18.7	1:15.6	51:10.2	2:58:33.8
167	33	Michelle Penn	F25-29	31:10.1	2:59.2	1:29:10.9	1:03.4	55:16.2	2:59:40.0
168	128	Andy Daniel	M40-44	34:15.4	3:12.3	1:33:20.7	1:11.4	48:35.0	3:00:34.9
169	163	Miles Marchment	M35-39	29:28.9	3:23.6	1:24:25.1	0:45.1	1:02:56.7	3:00:59.7
170	10	Heather Overall	F40-44	31:49.0	3:25.6	1:27:57.5	1:20.1	56:57.6	3:01:30.0
171	34	Jenny Adams	F20-24	26:46.1	2:42.0	1:28:22.3	0:50.9	1:04:26.7	3:03:08.3
172	67	Bruce Rayner	M50-54	33:00.8	5:30.0	1:27:47.2	3:09.6	53:50.8	3:03:18.6
173	138	Richard Farrar	M40-44	34:05.6	2:51.0	1:27:06.4	1:22.9	58:14.5	3:03:40.7
174	71	Chris Cammidge	M50-54	35:08.5	5:26.2	1:28:47.3	3:04.7	53:40.3	3:06:07.2
175	91	Simon Bunting	M45-49	27:14.6	3:45.1	1:27:34.1	1:35.9	1:06:20.6	3:06:30.6

Position	Bib	Name	Age Group Description	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Finish Time
176	36	Berenice Merle	F25-29	35:19.9	3:29.6	1:38:06.9	0:59.6	50:12.6	3:08:08.8
177	90	STUART BLAKE	M45-49	29:09.3	4:11.2	1:28:50.9	0:55.4	1:05:58.3	3:09:05.3
178	31	Amy Wright	F25-29	29:52.6	2:54.1	1:42:30.9	1:27.2	58:45.3	3:15:30.3
179	155	Brian Powlett	M35-39	43:13.5	5:05.4	1:28:02.9	1:20.7	58:00.0	3:15:42.7
180	75	Kevin Sheath	M50-54	31:27.9	3:14.8	1:31:23.5	1:14.0	1:12:13.9	3:19:34.3
181	8	joanne flegg	F40-44	39:43.4	5:02.0	1:34:35.8	1:33.1	1:01:38.3	3:22:32.9
182	5	JACQUELINE MAYCOCK	F50-54	27:48.8	3:22.8	1:42:56.2	1:32.5	1:07:38.9	3:23:19.4
183	41	antony norris	M35-39	44:34.7	1:35.2	1:41:26.7	2:00.0	54:58.9	3:24:35.6
184	74	JONATHAN MAYCOCK	M50-54	38:47.2	5:40.9	1:37:06.7	2:56.7	1:29:47.7	3:54:19.4