

Pos	No	Name		Cat		Club	Swim	Pos	Run	Pos	Total	Points
1	158	Alex	McKibben	F	Youth	Team Tri a Sport	00:06:34	1	00:10:01	9	00:16:35	1000
2	185	Mark	Nowell	M	Veteran	Tri-Anglia	00:06:58	4	00:09:44	5	00:16:42	993
3	175	Liam	Gentry	M	Senior		00:06:53	3	00:10:01	10	00:16:54	981
4	170	Jake	Butterworth	M	Senior		00:08:02	8	00:09:03	1	00:17:05	971
5	183	Iain	Milligan	M	Senior		00:07:48	6	00:09:32	3	00:17:20	957
6	186	Paul	Pester	M	Veteran		00:06:44	2	00:10:37	16	00:17:21	956
7	194	Mark	Drake	M	Veteran	Rock Estate	00:08:07	10	00:09:44	6	00:17:51	929
8	188	Keelan	Pywell	M	Tristar 3		00:09:02	23	00:09:38	4	00:18:40	888
9	187	Mark	Philo	M	Veteran	Tri-Anglia	00:08:52	19	00:10:00	8	00:18:52	879
10	195	Jullian	Church	M	Senior		00:08:26	14	00:10:27	14	00:18:53	878
11	166	Rick	Berry	M	Senior	Ipswich Tri Club	00:08:41	17	00:10:22	12	00:19:03	871
12	180	Robert	James	M	Senior	Bungay Black Dog	00:09:35	27	00:09:31	2	00:19:06	868
13	171	Jordan	Everett	M	Youth		00:08:24	13	00:10:49	20	00:19:13	863
14	172	Timothy	Earl	M	Senior	Triathlon Essex	00:09:04	24	00:10:26	13	00:19:30	850
15	154	Julia	Green	F	Senior	Ipswich Tri Club	00:07:41	5	00:12:05	31	00:19:46	839
16	191	Martin	Stacey	M	Veteran		00:08:43	18	00:11:07	23	00:19:50	836
17	162	Kelly	Pywell	F	Tristar 3		00:08:59	21	00:10:57	22	00:19:56	832
18	165	Chris	Arnold	M	Veteran	Tri-Anglia	00:09:00	22	00:10:57	21	00:19:57	831
19	176	Aaron	Gentry	M	Senior	Rock Estate	00:08:34	15	00:11:28	26	00:20:02	828
20	179	Paul	Heselwood	M	Senior	MET Police Tri	00:08:36	16	00:11:27	25	00:20:03	827
21	167	Lee	Bircham	M	Veteran	Rock Estate	00:09:31	26	00:10:39	18	00:20:10	822
22	152	Hattie	Clarke	F	Youth		No Split		No Split		00:20:13	820
23	160	Samantha	Musgrave	F	Senior		00:08:04	9	00:12:15	32	00:20:19	816
24	177	Dale	Gowen	M	Veteran	Rock estate	00:10:32	32	00:09:48	7	00:20:20	816
25	156	Claire	Martin	F	Senior		00:08:13	11	00:12:18	33	00:20:31	808
26	192	Chris	Tye	M	Veteran	Ipswich Tri Club	00:10:29	31	00:10:10	11	00:20:39	803
27	169	Simon	Bunting	M	Veteran	lowestoft r r	00:08:23	12	00:12:28	35	00:20:51	795
28	163	Mary	Skelcher	F	Veteran	Ipswich Tri Club	00:08:56	20	00:12:00	30	00:20:56	792
29	168	Michael	Briggs	M	Senior	tri anglia	00:09:40	28	00:11:33	27	00:21:13	782
30	184	Tim	Morton	M	Veteran	Tri Anglia	00:10:01	30	00:11:18	24	00:21:19	778
31	174	Terry	Garrity	M	Veteran	Tri-Anglia	00:10:40	33	00:10:44	19	00:21:24	775
32	161	Suzanne	Orr	F	Senior		00:09:51	29	00:11:46	29	00:21:37	767
33	151	Karen	Archbold	F	Veteran	lowestoft rr	00:11:33	36	00:10:27	15	00:22:00	754
34	157	Jenny	Mayne	F	Veteran	Tri Anglia	00:08:01	7	00:14:27	36	00:22:28	738
35	178	Ian	Hacon	M	Veteran	Tri-Anglia	00:10:56	34	00:11:42	28	00:22:38	733
36	164	Paul	Alderton	M	Veteran		00:12:02	37	00:10:39	17	00:22:41	731
37	193	Mark	Williams	M	Senio	Tri-Anglia	No Split		No Split		00:22:50	726
38	159	Alison	Morton	F	Veteran	Tri Anglia	00:11:00	35	00:12:22	34	00:23:22	710
39	153	Emily	Ellis	F	Youth		00:09:29	25	00:14:30	37	00:23:59	691
40	190	Geoffrey	Render	M	Senior		00:13:05	38	00:15:45	38	00:28:50	575
41	155	Cathy	Lambert	F	Veteran		DNF		DNF		DNF	

Race Points

A thousand points is awarded to the race winner. Points for other finishers are allocated according to their finish time in relation to the winners time
 i.e. (Winners Time / Your Time) x 1000