

Pos	No	Name		Category			Club	Swim	Pos	Run	Pos	Total	Points
1	62	Sean	Watson	Male	16	Youth	Tri-Anglia	00:05:59	1	00:11:13	1	00:17:12	1000
2	50	Keelan	Pywell	Male	15	Youth	GYAC	00:07:02	7	00:11:46	3	00:18:48	915
3	47	Tom	Pedelty	Male	25	Senior	UEA Tri Club	00:07:15	10	00:11:43	2	00:18:58	907
4	44	Mark	Nowell	Male	48	Veteran	Tri-Anglia	00:06:57	5	00:12:38	4	00:19:35	878
5	65	Oliver	Postle	Male	16	Youth		00:06:48	3	00:13:11	6	00:19:59	861
6	1	Sophie	Alden	Female	13	Youth	City of Norwich	00:06:45	2	00:13:27	8	00:20:12	851
7	36	Catherine	Lee	Female	16	Youth	City of Norwich	00:07:06	8	00:13:19	7	00:20:25	842
8	55	Kiera	Tippett	Female	12	Youth	East Essex Tri Club	00:07:00	6	00:14:00	12	00:21:00	819
9	49	Kelly	Pywell	Female	15	Youth	GYSC	00:07:13	9	00:14:04	13	00:21:17	808
10	67	James	Drake	Male	32	Senior	Rock Estate	00:07:49	12	00:13:39	9	00:21:28	801
11	40	Claire	Martin	Female	37	Senior		00:06:54	4	00:14:45	19	00:21:39	794
12	34	Simon	Heath	Male	46	Veteran	Tri-Anglia	00:07:15	11	00:14:30	16	00:21:45	791
13	32	Mike	Grout	Male	41	Veteran	East Essex Tri Club	00:09:29	27	00:12:38	5	00:22:07	778
14	15	Zak	Coleman	Male	12	Youth	Tri-Anglia	00:08:26	15	00:14:12	14	00:22:38	760
15	66	Richard	Smith	Male	40	Veteran	Rock Estate	00:08:33	17	00:14:14	15	00:22:47	755
16	17	John	Comyn	Male	27	Senior		00:09:19	26	00:13:40	10	00:22:59	748
17	51	Kevan	Pywell	Male	51	Veteran	GYAC	00:09:36	29	00:13:58	11	00:23:34	730
18	20	James	Donnelly	Male	41	Veteran		00:09:03	21	00:14:40	18	00:23:43	725
19	28	Ben	Gaskins	Male	26	Senior		00:09:16	23	00:14:32	17	00:23:48	723
20	33	David Mark	Hansell	Male	55	Veteran		00:08:20	14	00:15:38	30	00:23:58	718
21	41	Sarah	Miller	Female	33	Senior		00:08:46	18	00:15:30	28	00:24:16	709
22	45	Suzanne	Orr	Female	38	Senior		00:09:02	20	00:15:16	25	00:24:18	708
23	19	Kelly	Davis	Female	32	Senior		00:09:06	22	00:15:17	26	00:24:23	705
24	22	Joe	Drake	Male	11	Youth	Rock Estate	00:09:17	24	00:15:09	22	00:24:26	704
25	21	Mark	Drake	Male	42	Veteran	Rock Estate	00:09:18	25	00:15:09	23	00:24:27	703
26	58	Callum	Towler	Male	19	Junior		00:09:01	19	00:15:30	27	00:24:31	702
27	11	Simon	Bunting	Male	46	Veteran		00:08:00	13	00:16:36	34	00:24:36	699
28	37	Simon	Lewis	Male	40	Veteran	Rock Estate	00:10:09	33	00:14:51	21	00:25:00	688
29	24	Grayhame	Fish	Male	62	Super Vet	Tri-Anglia	00:08:30	16	00:16:35	33	00:25:05	686
30	69	Ron	Ames	Male	63	Super Vet		00:09:40	31	00:15:30	29	00:25:10	683
31	52	Bruce	Rayner	Male	52	Veteran	Bungay Black Dog	00:10:27	38	00:14:46	20	00:25:13	682
32	27	Mark	Ford	Male	52	Veteran		00:10:14	35	00:15:15	24	00:25:29	675
33	26	Sue	Flute	Female	39	Senior	Tri-Anglia	00:09:32	28	00:16:46	37	00:26:18	654
34	23	Kirsty	Ferris	Female	40	Veteran	Tri-Anglia	00:10:19	36	00:16:41	35	00:27:00	637
35	71	Robert	Gregory	Male	30	Senior		00:10:46	39	00:16:31	32	00:27:17	630
36	25	Anne	Fish	Female	63	Super Vet	Tri-Anglia	00:10:25	37	00:17:00	39	00:27:25	627
37	60	Antonio	Villena- Lincoln	Male	38	Senior		00:10:13	34	00:17:23	40	00:27:36	623
38	61	Karen	Waters	Female	42	Veteran	Bungay Black Dog	00:09:43	32	00:17:54	41	00:27:37	623
39	35	Wendy	Hughes	Female	51	Veteran	Stowmarket Striders	00:10:55	40	00:16:44	36	00:27:39	622
40	16	Neil	Coleman	Male	47	Veteran	Tri-Anglia	00:09:38	30	00:18:19	42	00:27:57	615
41	56	Cathy	Tooley	Female	47	Veteran		00:11:21	41	00:16:54	38	00:28:15	609
42	57	Ian	Tooley	Male	50	Veteran		00:13:54	43	00:16:16	31	00:30:10	570
43	68	Lesley	Watts	Female	54	Veteran		00:11:49	42	00:19:37	43	00:31:26	547
44	9	Tracy	Bliss	Female	44	Veteran	Benfleet Running Club	00:15:16	44	00:20:26	44	00:35:42	482
45	14	Jake	Butterworth	Male	22	Senior	North Norfolk Tri Club	00:00:00		00:00:00		DNF	#####