



2010 Waveney2 Triathlon - Results

5/9/10



Pos.	No.	Forename	Surname	Club	M/F	Cat	Cat Pos	SWIM	BIKE +T1	RUN + T2	TOTAL
1	256	Oliver	Milk	Human Performance Unit	Male	F	1	0:05:28	0:29:05	0:11:30	0:46:03
2	186	Liam	Gentry	Rock Estate	Male	F	2	0:05:50	0:29:17	0:13:15	0:48:22
3	187	Mark	Drake	Rock Estate	Male	H	1	0:06:44	0:31:54	0:13:01	0:51:39
4	244	Toby	Morrell		Male	E	1	0:06:15	0:32:15	0:13:10	0:51:40
5	173	Lee	Sole	West Suffolk Tri club	Male	G	1	0:06:28	0:32:08	0:13:50	0:52:26
6	228	Gareth	Walker	Tri-Anglia	Male	G	2	0:05:36	0:33:30	0:13:20	0:52:26
7	278	Mark	Southgate	Essex Fire Tc	Male	G	3	0:05:32	0:32:38	0:15:03	0:53:13
8	275	Sam	Kendrick		Male	F	3	0:05:15	0:34:18	0:13:57	0:53:30
9	265	Alfred	Chapman	Tri-Anglia	Male	B	1	0:06:01	0:34:20	0:13:26	0:53:47
10	165	Andrew	Woodford	Tri-Anglia	Male	H	2	0:07:11	0:33:13	0:13:30	0:53:54
11	207	Chris	Clarke	Tri-Anglia	Male	F	4	0:08:01	0:32:54	0:13:18	0:54:13
12	184	Paul	Cassels	RAF Triathlon	Male	E	2	0:06:28	0:34:02	0:14:23	0:54:53
13	191	nick	stonehouse	Ipswich Triathlon Club	Male	I	1	0:06:22	0:35:20	0:13:14	0:54:56
14	268	Dominic	Lee		Male	A	1	0:05:39	0:35:19	0:14:05	0:55:03
15	237	Timothy	Earl	Rock Estate	Male	E	3	0:07:45	0:33:28	0:13:55	0:55:08
16	249	Andrew	Goodchild	Tri-Anglia	Male	H	3	0:08:22	0:32:11	0:14:36	0:55:09
17	263	Angus	Western	Lost Tribe of Brundish	Male	G	4	0:05:48	0:33:58	0:15:35	0:55:21
18	162	Glen	Nelson	Tri-Anglia	Male	K	1	0:07:23	0:33:57	0:14:22	0:55:42
19	182	Angus	Wilkinson		Male	G	5	0:07:32	0:34:33	0:13:38	0:55:43
20	176	darryl	davis	Tri-Anglia	Male	H	4	0:07:43	0:34:29	0:13:37	0:55:49
21	213	graham	coulter	Tri-Anglia	Male	G	6	0:08:00	0:34:02	0:14:03	0:56:05
22	264	Peter	Chapman	Tri-Anglia	Male	J	1	0:08:12	0:33:25	0:14:29	0:56:06
23	188	James	Drake	Rock Estate	Male	F	5	0:07:02	0:35:10	0:14:14	0:56:26
24	261	Will	Bamber		Male	E	4	0:10:42	0:32:58	0:12:57	0:56:37
25	204	Tom	Pullinger	Tri-Anglia	Male	G	7	0:07:33	0:35:08	0:14:20	0:57:01
26	185	Christopher	Drake	Rock Estate	Male	G	8	0:07:45	0:34:38	0:14:47	0:57:10
27	255	James	Heath	West Suffolk Tri club	Male	J	2	0:07:33	0:36:00	0:13:37	0:57:10
28	160	Laura	Hicks		Female	E	1	0:06:54	0:34:33	0:15:59	0:57:26
29	216	Chris	Arnold	Tri-Anglia	Male	K	2	0:07:27	0:35:16	0:14:47	0:57:30
30	171	Lee	Phillips	The Saxons	Male	G	9	0:07:20	0:36:22	0:13:52	0:57:34
31	189	Maxine	Burgess	Newmarket cycling and triathlon club	Female	G	1	0:07:38	0:35:32	0:14:48	0:57:58
32	153	Geoffrey	Reeves		Male	H	5	0:07:27	0:35:23	0:15:16	0:58:06
33	272	Neil	Holland	Tri-Anglia	Male	I	2	0:07:40	####	####	0:58:06
34	267	mark	field	Tri-Anglia	Male	G	10	0:07:57	0:34:59	0:15:11	0:58:07
35	239	Craig	Campion		Male	E	5	0:05:14	0:37:42	0:15:29	0:58:25
36	155	Thomas	Price	Cambridge Triathlon Club	Male	E	6	0:07:55	0:35:55	0:14:49	0:58:39
37	205	Andrew	Keeble	Tri-Anglia	Male	H	6	0:06:19	0:37:05	0:15:18	0:58:42
38	199	Paula	Robinson	Gears and Tears	Female	H	1	0:07:38	0:35:46	0:15:31	0:58:55
39	226	Ian	Chatten	Tri-Anglia	Male	H	7	0:08:45	0:35:58	0:14:16	0:58:59
40	220	Dale	Gowen	rock estate	Male	H	8	0:08:45	0:36:05	0:14:20	0:59:10
41	250	nicky	brinkmann	West Suffolk Tri club	Female	G	2	0:07:07	0:38:47	0:13:22	0:59:16
42	170	Aimee	Canham	The Saxons	Female	D	1	0:06:23	0:37:35	0:15:23	0:59:21
43	178	Robbie	Gleeson	VC Norwich	Male	F	6	0:09:27	0:34:56	0:15:23	0:59:46
44	262	Richard	Alger		Male	H	9	0:09:10	0:36:56	0:14:09	1:00:15
45	269	John	Mclellan		Male	D	1	0:07:39	0:37:21	0:15:21	1:00:21
46	164	Becky	Schofield		Female	E	2	0:07:05	0:38:38	0:14:53	1:00:36
47	180	John	Burton	Tri-Anglia	Male	K	3	0:09:21	0:36:25	0:15:00	1:00:46
48	234	james	maycock		Male	D	2	0:05:59	0:40:27	0:14:38	1:01:04
49	151	Jonathan	O'Hara	Tri-Anglia	Male			0:08:53	0:37:35	0:14:53	1:01:21
50	179	Julia	Green	Tri-Anglia	Female	G	3	0:06:10	0:37:13	0:18:04	1:01:27
51	157	russell	parker	harwich runners	Male	G	11	0:06:47	0:40:19	0:15:04	1:02:10
52	198	Rory	White	Mammoth	Male	E	7	0:07:10	0:39:22	0:15:43	1:02:15
53	251	SIMON	ATHERTON	Tri-Anglia	Male	I	3	0:10:03	0:36:16	0:16:01	1:02:20
54	241	Lisa	l'Anson	Tri-Anglia	Female	H	2	0:08:18	0:38:11	0:16:01	1:02:30
55	210	Darrell	Oldman	Bungay Black Dog Running Club	Male	I	4	0:08:34	0:39:07	0:15:05	1:02:46
56	156	Alex	Watson		Male	D	3	0:06:16	0:37:04	0:19:27	1:02:47
57	266	nick	robinson	Tri-Anglia	Male	F	7	0:07:46	0:38:03	0:16:58	1:02:47
58	230	Glyndwr	Thomas	Tri-Anglia	Male	F	8	####	####	0:17:44	1:02:52
59	221	John	Woodhouse	Tri-Anglia	Male	I	5	0:09:30	0:37:40	0:15:56	1:03:06
60	206	Rob	Anderson		Male	G	12	0:07:43	0:37:52	0:17:33	1:03:08
61	281	Stuart	Askew		Male	J	3	0:09:47	0:36:05	0:17:16	1:03:08
62	181	mark	elflett	lowestoft road runners	Male	I	6	0:09:56	0:37:35	0:15:46	1:03:17
63	284	Emma	Bromley		Female	G	4	0:06:58	0:41:25	0:15:04	1:03:27
64	283	Paul	Rosher		Male	J	4	0:09:00	0:39:17	0:15:21	1:03:38
65	219	Ed	Taylor		Male	G	13	0:10:38	0:38:16	0:14:47	1:03:41
66	169	Simon	Palmer	Ipswich Triathlon Club	Male	K	4	0:08:30	0:37:21	0:17:54	1:03:45
67	195	Mark	Ford		Male	J	5	0:08:27	0:39:28	0:15:55	1:03:50
68	175	Ron	Ames	stowmarket striders	Male	L	1	0:07:08	0:40:13	0:16:33	1:03:54
69	196	Sarah	Cooper	Tri-anglia	Female	G	5	0:07:47	0:39:24	0:17:01	1:04:12
70	229	Lynsey	Dunne	Tri-Anglia	Female	E	3	0:07:10	0:40:47	0:16:23	1:04:20
71	271	Al	Churchman		Male	G	14	0:08:47	0:39:24	0:16:13	1:04:24
72	222	Della	Brown	Tri-Anglia	Female	H	3	0:07:38	0:40:46	0:16:05	1:04:29
73	257	Marion	Walker	Saxons	Female	K	1	0:09:05	0:38:40	0:16:45	1:04:30
74	218	Nigel	Sinclair		Male	F	9	0:09:17	0:40:20	0:14:53	1:04:30
75	192	GRICE	JOHN	Tri-Anglia	Male	K	5	0:07:42	0:40:24	0:16:30	1:04:36
76	166	John	Wilson	Tri-Anglia	Male	I	7	0:08:06	0:39:54	0:16:38	1:04:38
77	279	shaun	long		Male	H	10	0:07:53	0:41:57	0:15:27	1:05:17
78	174	Grayhame	Fish	Tri-Anglia	Male	L	2	0:07:08	0:37:58	0:20:16	1:05:22
79	168	Sarah	Vick	The Saxons	Female	H	4	0:10:31	0:39:40	0:15:33	1:05:44
80	208	Rebecca	Keeble	Stradbroke Swimfit	Female	G	6	0:06:51	0:40:43	0:18:11	1:05:45
81	258	Chris	Harris		Male	F	10	0:07:01	0:41:11	0:17:41	1:05:53
82	277	Ian	Reid		Male	K	6	0:11:02	0:38:36	0:16:56	1:06:34
83	273	Beverley	Whyte		Female	F	1	0:05:42	0:43:35	0:17:36	1:06:53
84	274	Philip	Whyte		Male	H	11	0:07:27	0:44:01	0:15:33	1:07:01
85	209	Simon	Blackburn		Male	G	15	0:10:48	0:41:16	0:14:59	1:07:03
86	177	Dave	Lines		Male	H	12	0:07:00	0:41:38	0:18:32	1:07:10
87	194	Kevin	Blakey		Male	H	13	0:10:25	0:41:21	0:15:48	1:07:34
88	245	Steve	Edwards		Male	I	8	0:09:07	0:38:46	0:19:53	1:07:46
89	259	Steve	Barker		Male	I	9	0:11:16	0:40:23	0:16:10	1:07:49
90	231	DAVID	WYLLIE	Tri-Anglia	Male	I	10	0:07:19	0:41:45	0:18:57	1:08:01
91	172	Miki	Bloomfield	Saxons	Female	H	5	0:07:43	0:41:09	0:19:14	1:08:06
92	276	andy	fordr		Male	I	11	0:08:58	0:42:36	0:16:35	1:08:09
93	201	stephanie	hoyle	Tri-Anglia	Female	I	1	0:09:22	0:40:59	0:17:50	1:08:11
94	193	Mark	Scharff	Tri-Anglia	Male	I	12	0:09:41	0:43:13	0:16:16	1:09:10
95	248	Kathryn	Mares	Tri-Anglia	Female	G	7	0:08:22	0:42:25	0:19:12	1:09:59
96	211	Donna	Cooper		Female	E	4	0:06:31	0:47:39	0:15:54	1:10:04
97	254	Roly	Cook		Male	I	13	0:08:18	0:42:04	0:20:14	1:10:36
98	217	Jonny	Ling	Stradbroke Swimfit	Male	G	16	0:07:43	0:45:19	0:18:35	1:11:37
99	161	julie	kemp	tri-anglia	Female	I	2	0:08:28	0:43:22	0:20:28	1:12:18
100	227	Anna	Frostwick		Female	D	2	0:07:52	0:44:26	0:20:04	1:12:22
101	202	Paula	Hall	Tri-Anglia	Female	H	6	0:09:10	0:41:24	0:21:49	1:12:23
102	200	Cheryl	Kershaw		Female	G	8	0:09:48	0:45:33	0:17:07	1:12:28
103	233	susan	smith	Tri-Anglia	Female	I	3	0:06:53	0:47:18	0:18:20	1:12:31
104	183	Sarah	Page		Female	F	2	0:07:24	0:46:47	0:18:22	1:12:33
105	238	Catharine	Carfoot		Female	G	9	0:07:50	0:47:46	0:17:10	1:12:46
106	253	Jake	Wharton		Male	A	2	0:08:18	0:41:51	0:23:37	1:13:46
107	252	Matthew	Gates		Male	H	14	0:09:28	0:44:25	0:19:59	1:13:52
108	225	Nigel	Belshaw		Male	H	15	0:10:25	0:43:42	0:19:55	1:14:02
109	224	Zoe	Griffiths	Hadleigh Hares AC	Female	B	1	0:07:44	0:47:20	0:19:08	1:14:12
110	197	Naomi	Brown		Female	H	7	0:06:34	0:47:33	0:20:19	1:14:26
111	235	Rachael	Pryce		Female	G	10	0:07:24	0:44:51	0:22:25	1:14:40
112	260	matthew	buckoke		Male	G	17	0:15:19	0:44:21	0:15:08	1:14:48
113	212	Robert	Jack	Bungay Black Dog Running Club	Male	J	6	0:09:28	0:45:35	0:20:03	1:15:06
114	246	Sue	Johns		Female	G	11	0:09:29	0:49:27	0:16:20	1:15:16
115	159	John	Culbert		Male	K	7	0:09:43	0:45:17	0:20:31	1:15:31